|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to reduce salt in the diet** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 249 | 38.5 | 30.4 - 47.3 | 557 | 35.0 | 30.1 - 40.2 | 806 | 36.4 | 31.8 - 41.4 |
| 30-44 | 343 | 47.6 | 40.7 - 54.6 | 706 | 53.3 | 47.9 - 58.7 | 1049 | 50.8 | 46.4 - 55.2 |
| 45-59 | 238 | 58.9 | 50.5 - 66.8 | 411 | 69.7 | 63.7 - 75.1 | 649 | 64.9 | 59.8 - 69.6 |
| 60-69 | 111 | 60.1 | 48.2 - 71.0 | 251 | 75.5 | 68.5 - 81.3 | 362 | 69.4 | 62.7 - 75.4 |
| **Total** | **941** | **46.9** | **42.0 - 51.8** | **1925** | **49.9** | **46.7 - 53.1** | **2866** | **48.6** | **45.7 - 51.6** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 755 | 44.2 | 39.0 - 49.4 | 1637 | 49.2 | 45.8 - 52.6 | 2392 | 47.1 | 43.9 - 50.4 |
| Urban | 186 | 56.3 | 43.9 - 68.0 | 288 | 53.8 | 43.8 - 63.5 | 474 | 55.1 | 48.0 - 62.0 |